

Ashley Johnston, MS, LPC-MHSP

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Fees for Service

	Payment by Cash, Check, or Credit Card
Individual Therapy Session – 50 minutes	\$150
Individual Therapy Session – 80 minutes (Recommended for EMDR or per client request)	\$200

Individual therapy sessions are **\$150 per clinical hour**. A clinical hour is equivalent to 50 minutes. For longer sessions (80 minute sessions – recommended for EMDR therapy or per client request), the cost is \$200.

Payment is expected in full at the close of each session in the form of cash, check or credit card unless prior arrangements have been made.

Sliding scale fees are occasionally available. To be eligible to receive a sliding scale fee, you will be asked to bring in a copy of your last year's tax return to determine your appropriate fee.

Additionally, if you call me and the discussion becomes clinical in nature, I do bill for phone time, the amount divided into 15-minute increments (\$35 per 15-minute increment). The same principle applies for any email exchanges that you initiate. I estimate the cost based on the time I spend reading and responding to your emails.

Other services, including inpatient visits, depositions, mediation or other court-related services, are double the normal per-session fee.

Your health insurance may provide reimbursement for professional mental health services. I encourage you to consult your policy for specifics. I can provide you with a Superbill at the end of each month if requested to submit to your insurance company for possible reimbursement.

In the case of a bounced check, a \$25 fee will be charged.